

KI-DO BLACK BELT CODE



氣道空手



I WILL USE MY KI-DO TO CREATE POSITIVE THOUGHTS AND ACTIONS.



I WILL DEVELOP MY COURAGE, FOCUS, AND DISCIPLINE.



I WILL CHOOSE TRUTH OVER LIES, COMPASSION OVER HATE, PEACE OVER VIOLENCE.



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I AM UNIQUE, TALENTED, AND MOTIVATED.



I AM ON A QUEST TO BE MY BEST!

